

## **Spruce Creek Hawks Record-Breaker Invitational October 2, 2010**

SANCTIONED BY FHSAA

SPONSORED BY: Spruce Creek High School

FORMAT: Timed finals for swimming; 11-dive format for diving plus a 6-dive developmental event.

DATES AND TIMES: Saturday, October 2, 2010. Swimming competition 9:00 am. Diving 10:00 am for 11-dive competitors; warm-up and diving for the 6-dive developmental event will begin at the conclusion of the 11-dive competition.

FACILITIES: Swimming: Port Orange YMCA 4701 City Center Blvd. Diving: Gale Lemerand Athletic Center Building 310, Daytona State College, 1200 West International Speedway Blvd. The facilities are 15 minutes apart.

POOL SPECS: Swimming – Ten lane 25-yard course outdoor pool. Nonturbulent lane lines and Colorado automatic timing with pads. Separate lanes available for warm-up/cool-down. Pool depth 5 feet. Large deck area for chairs and tents.  
Diving – One Duraflex Maxiflex one-meter diving board; indoor facility with bleachers

WARM-UP: Swimming: 7:30 am – 8:45 am. Diving: Saturday 8 -10 am and following the completion of the 11-dive competition.

ELIGIBILITY: Open to FHSAA member high school teams by invitation. A maximum of 400 swimmers will be accepted.

ENTRY FEES: \$10 per athlete up to a maximum of \$200/team.

ADMISSION CHARGE: \$5. Children under age 10 \$3. Heat sheets \$5.

ENTRY: Due by Wednesday, September 22, 5:00 pm. For swimming events Hytek entries in the SDIF or CL2 format are preferred. Diving entries should be entered on dive sheets.

**Payment must accompany the entry form.** Make checks payable to Spruce Creek High Swimming and Diving. Please enter a time for each swimmer; do not use NT.

Email entries by September 22 to Troy Littlejohn [nsblittlejohn@bellsouth.net](mailto:nsblittlejohn@bellsouth.net)

Mail a copy of the entries along with payment to

Troy Littlejohn

P.O. Box 291968

Port Orange, FL 32129-1968

**ENTRY LIMITATIONS:** At most 4 events, 2 of which may be individual events. There is no limit to the number of individuals that a team may enter in each swimming or diving event. Each school is limited to 2 entries in each relay event. Please note the qualifying times in the 500 free.

**RULES:** Current edition of the National Federation of High School Associations Swimming and Diving Rules as amended by FHSAA. Fly over starts will be used.

**SCORING:** Scoring for 16 places as follows:

Relays: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

Individual: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1

Note: Only the 11-dive competitors will score.

**AWARDS:**

Ribbons for top 8 in individual events and top 3 in relay events

Framed certificates to athletes who set a meet record.

Hawk awards for winners of selected heats.

**TOP VISITING TEAM:** To encourage the winning team to return in 2011, their 2011 entry fees will be waived.

**SWIMMING PROGRAM:**

7:30 am Pool open for warm-up

8:00 Officials meeting

8:30 Coaches meeting

9:00 Swimming timed finals

**EVENTS:** Enter a time for each swimmer and relay. Do not submit NT.

1-2 200 yard medley relay

3-4 200 yard freestyle

5-6 200 individual medley

7-8 50 yard freestyle

9-10 100 yard butterfly

11-12 100 yard freestyle

13-14 500 yard freestyle (girls qualifying time 8:00.00; boys 7:15.00)

15-16 200 yard freestyle relay

17-18 100 yard backstroke

19-20 100 yard breaststroke

21-22 400 yard freestyle relay

**SWIMMING OFFICIALS:** Officials from visiting teams are welcome. Please email [AGrams1234@gmail.com](mailto:AGrams1234@gmail.com) if you wish to volunteer.

## **DIVING COMPETITION**

### **DIVING SCHEDULE**

The diving facility at Daytona State College has only one diving board. In order to give all divers adequate warm up prior to competition, there will be the 11 dive competitive event with girls and boys together, and then there will be the 6 dive developmental event, also with girls and boys together. Since we do not know how many will participate, **THE TIMES MAY BE EARLIER.**

8:00am-10:00 am Warm up 11 dive competition, Girls and Boys

10:00am-12:00pm Boys and Girls, 1 meter, 11 dive Competition

12:00pm-1:30 pm Warm up for 6 Dive Developmental Event, Girls and Boys

**(will begin immediately after completion of 11 dive competition- be there by 11:00)**

1:30pm-3:00 pm Girls and Boys 1 meter, 6 dive competition (or earlier if 11 dive finishes early)

### **DIVE SHEETS**

Use the standard FHSAA format. Competitors in the 6 dive event should choose one dive from each category, doubling up in one of the categories.

Preliminary Dive sheets must be received by Thursday, September 30. You can make changes up until 9:00 am on the morning of the meet, but we must have a preliminary sheet by Sept 30. Please email the dive lists (indicating voluntary dives) to [Mom3SusanG@aol.com](mailto:Mom3SusanG@aol.com) or fax them to 386.441.3655. Please call 386.299.1499, Susan Gaines, if you have any problems or questions.